



ADDENDA

**ANSI/ASHRAE Addendum d to
ANSI/ASHRAE Standard 62.1-2016**

Ventilation for Acceptable Indoor Air Quality

Approved by the ASHRAE Standards Committee on January 20, 2018; by the ASHRAE Board of Directors on January 24, 2018; and by the American National Standards Institute on February 21, 2018.

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FOREWORD

This addendum deletes Informative Appendix D, "Rationale for Minimum Physiological Requirements for Respiration Air Based on CO₂ Concentration." Appendix D first appeared in ASHRAE Standard 62-1989. Since that time there have been additions and modifications. Its purpose was to explain the relationship between oxygen and carbon dioxide in spaces. It is based on data from the 1950s. Newer information is available. The committee is aware of misuse and confusion caused by the information in its present form and prefers to delete this misused appendix now. The committee may readd relevant informative guidance that assists with implementation of the standard in the next edition.

Note: In this addendum, changes to the current standard are indicated in the text by underlining (for additions) and ~~strikethrough~~ (for deletions) unless the instructions specifically mention some other means of indicating the changes.

Addendum d to Standard 62.1-2016

Delete Informative Appendix D. For legibility, the text is not shown in strikethrough. All text and tables below will be deleted by this addendum.

(This appendix is not part of this standard. It is merely informative and does not contain requirements necessary for conformance to the standard. It has not been processed according to the ANSI requirements for a standard and may contain material that has not been subject to public review or a consensus process. Unresolved objections on informative material are not offered the right to appeal at ASHRAE or ANSI.)

INFORMATIVE APPENDIX D RATIONALE FOR MINIMUM PHYSIOLOGICAL REQUIREMENTS FOR RESPIRATION AIR BASED ON CO₂ CONCENTRATION

Oxygen is necessary for metabolism of food to sustain life. Carbon and hydrogen in foods are oxidized to carbon dioxide (CO₂) and water (H₂O), which are eliminated by the body as waste products. Foods can be classified as carbohydrates, fats, and proteins, and the ratio of carbon to hydrogen in each is somewhat different. The respiratory quotient (RQ) is the volumetric ratio of CO₂ produced to oxygen consumed. It varies from 0.71 for a diet of 100% fat to 0.8 for a diet of 100% protein and 1.00 for a diet of 100% carbohydrates^{D-1}. A value of RQ = 0.83 applies to a normal diet mix of fat, carbohydrate, and protein.

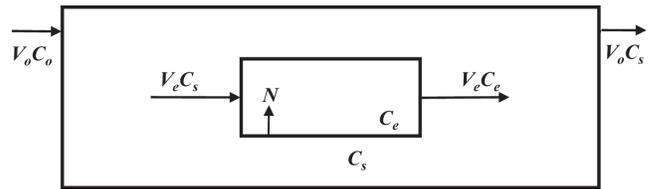


FIGURE D-1 Two-chamber model.

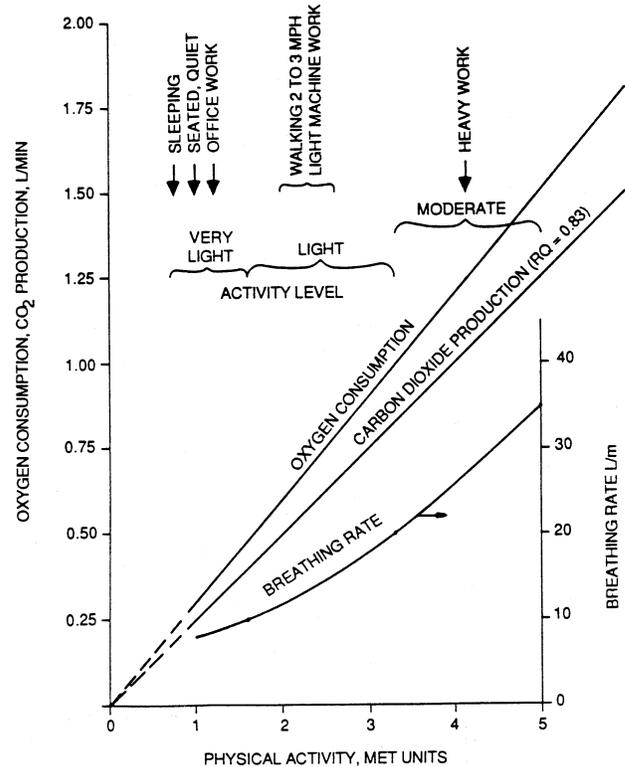


FIGURE D-2 Metabolic data.

The rate at which oxygen is consumed and CO₂ is generated depends on physical activity. These relationships are shown in Figure D-2 (see Reference D-2). The breathing rate is shown also. A simple mass balance equation gives the outdoor airflow rate needed to maintain the steady-state CO₂ concentration below a given limit.

$$V_o = N / (C_s - C_o) \quad (D-1)$$

where

- V_o = outdoor airflow rate per person
- V_e = breathing rate
- N = CO₂ generation rate per person
- C_e = CO₂ concentration in exhaled breath
- C_s = CO₂ concentration in the space
- C_o = CO₂ concentration in outdoor air

For example, at an activity level of 1.2 met units (1.0 met = 18.4 Btu/h·ft²), corresponding to sedentary persons, the CO₂ generation rate is 0.31 L/min. Laboratory and field stud-

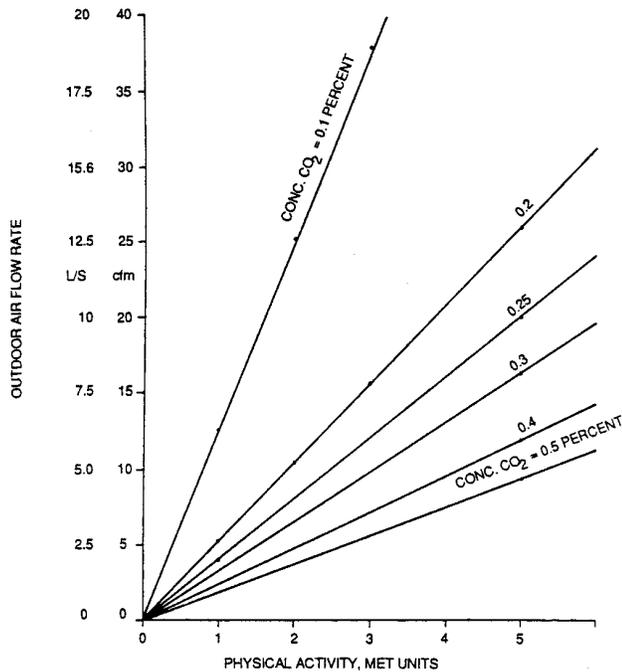


FIGURE D-3 Ventilation requirements.

ies have shown that with sedentary persons about 15 cfm (7.5 L/s) per person of outdoor air will dilute odors from human bioeffluents to levels that will satisfy a substantial majority (about 80%) of unadapted persons (visitors) to a space^{D-3,D-4,D-5,D-6,D-7}. If the ventilation rate is to be held to 15 cfm (7.5 L/s) per person, the resulting steady-state CO₂ concentration relative to that in the outdoor air is

$$\begin{aligned} C_s - C_o &= N/V_o \\ &= 0.31/(7.5 \times 60 \text{ s/min}) \\ &= 0.000689 \text{ L of CO}_2 \text{ per L of air} \\ &\approx 700 \text{ ppm} \end{aligned}$$

Thus, maintaining a steady-state CO₂ concentration in a space no greater than about 700 ppm above outdoor air levels will indicate that a substantial majority of visitors entering a space will be satisfied with respect to human bioeffluents (body odor). A more detailed discussion of this relationship between CO₂ concentrations and the perception of bioeffluents, as well as the use of indoor CO₂ to estimate building ventilation rates, is contained in ASTM Standard D6245^{D-8}.

CO₂ concentrations in acceptable outdoor air typically range from 300 to 500 ppm. High CO₂ concentrations in the outdoor air can be an indicator of combustion and/or other contaminant sources.

Figure D-3 shows the outdoor airflow rate required as a function of physical activity and steady-state room concentration. If the activity level is greater than 1.2 met, the required ventilation must be increased to maintain the same CO₂ level.

Also the decrease in oxygen content of the room air can be found from Equation D-1 when oxygen concentration is substituted for carbon dioxide concentration.

$$C_o - C_s = N/V_o \quad (\text{D-2})$$

The term N now has a negative value with respect to its use in Equation D-1 because oxygen is consumed rather than generated.

$$C_s = C_o - N/V_o \quad (\text{D-3})$$

The oxygen consumption rate is 0.0127 cfm (0.36 L/min) when the activity level is 1.2 met. For ventilation at a rate of 15 cfm (429 L/m) and an activity level of 1.2 met units, the room oxygen level will be reduced from an outdoor concentration of 20.95% to 20.85%, a percent change of 0.48% $([20.95 - 20.85]/20.95)$. Unlike oxygen, CO₂ is generated as a result of activity. At 1.2 met, the CO₂ indoors is raised from the outdoor background of 0.03% to 0.1%, a percent change of 230%. Thus, measuring the increase of CO₂ is clearly more significant than measuring the decrease of oxygen.

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