

## ASHRAE Technical FAQ

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ID 65

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Question What is the recommended indoor humidity level for homes?

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Answer [ASHRAE Standard 55-2017](#), “Thermal Environmental Conditions for Human Occupancy”, plus [ASHRAE BOD approved addenda](#) relates reported human comfort to temperature and humidity levels, and establishes a range of temperatures and humidity that are considered comfortable by 80% or more of the test subjects.

The handbook and standards may be purchased and/or individual chapters of the handbook may be purchased and downloaded on-line at our website, [www.ashrae.org](http://www.ashrae.org) or by calling 1-800-527-4723 in the USA and Canada or 1-404-636-8400 worldwide.

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ASHRAE Pubs [2017 ASHRAE Handbook - Fundamentals, Chapter F9](#)  
[ASHRAE Standard 55-2017](#), plus [ASHRAE BOD approved addenda](#)

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Topic References

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	Cognizant ASHRAE Committees	Refer to Organization
1	<a href="#">TC 2.1</a>	
2	<a href="#">TC 4.3</a>	
3	<a href="#">TC 5.11</a>	
4	SSPC 62.1	
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