

ASHRAE Technical FAQ

ID 65

Question What is the recommended indoor humidity level for homes?

Answer [ASHRAE Standard 55-2013](#), “Thermal Environmental Conditions for Human Occupancy”, plus [ASHRAE BOD approved addenda](#) relates reported human comfort to temperature and humidity levels, and establishes a range of temperatures and humidity that are considered comfortable by 80% or more of the test subjects.

The handbook and standards may be purchased and/or individual chapters of the handbook may be purchased and downloaded on-line at our website, www.ashrae.org or by calling 1-800-527-4723 in the USA and Canada or 1-404-636-8400 worldwide.

ASHRAE Pubs [2013 ASHRAE Handbook - Fundamentals, Chapter F9](#)

[ASHRAE Standard 55-2013](#), plus [ASHRAE BOD approved addenda](#)

Topic References

	Cognizant ASHRAE Committees	Refer to Organization
1	TC 2.1	
2	TC 4.3	
3	TC 5.11	
4	SSPC 62.1	
5		