

Date	Time	Session	Topics	Titles
<b>Day 0 - WELCOME</b>				
Sunday, April 12	2:00–5:00 PM	Conference Registration		Attendee Check-In & Badge Pickup
Sunday, April 12	Afternoon	Attendee Arrivals & Hotel Check-In		Informal Welcome
Sunday, April 12	5:30–7:00 PM	Welcome Reception @ Omni Hotel	Black & White Theme	Networking & Refreshments
<b>DAY 1 – EMPOWER. ELEVATE. LEAD. BELONG.</b>				
Monday, April 13	6:15 – 7:00 AM	YOGA sponsored by BAC		YOGA with Tiffany
Monday, April 13	7:45 – 8:15 AM	Registration & Breakfast Buffet Opens		Networking Breakfast. Grab & mingle; late check-in for new arrivals
Monday, April 13	8:15 – 8:30 AM	Welcome Opening Remarks		
	8:30 -- 9:15 AM	Opening Keynote	Sustainable by design	Gail Brager
	9:15 – 10:00 AM	Opening Keynote		Amy Marks
Monday, April 13	10:00 – 10:15 AM	Coffee Break		Quick recharge
Monday, April 13	10:15 – 11:15 AM	Breakouts 1A–1D		
		Breakouts 1A	Workforce, Mentorship, Legacy Leadership	Building Future Makers: How to Inspire the Next Generation into the Trades
		Breakouts 1B	Technical Innovation	Smarter Buildings Start with You: Real-World AI and IoT in HVAC/Commissioning in AI
Monday, April 13	11:15 – 11:45 AM	Networking Break		
Monday, April 13	11:45 – 12:45 PM	Breakouts 2A–2D		
		Breakouts 2A	Communication	Executive Presence Without Pretending: Find Your Voice in Any Room
		Breakouts 2B	Sustainability	Inside the Walls of Net-Zero: Women Designing the Future
Monday, April 13	12:45 – 1:45 PM	Buffet Lunch + EmpowerHERment Awards		
Monday, April 13	1:45 – 2:45 PM	Breakouts 3A–3D		
		Breakouts 3A	Mental Fitness	Burnout-Proof: Energy Management for Women Who Do It All
		Breakouts 3B	Codes, Standards & Policy	FIRECHAT: What's New in the Code: 2026 Updates That Matter for Women in HVAC
Monday, April 13	2:45 – 3:15 PM	Networking Break		
Monday, April 13	3:15 – 4:15 PM	Breakouts 4A–4D		
		Breakouts 4A	Team Leadership	Influence Over Authority: Leading Technical Teams
		Breakouts 4B	HVAC Tech Trends	Designing for Resilience: HVAC Strategies in a Climate-Changing World
Monday, April 13	4:15 PM → Evening	Optional Evening Activities		Dodgers Game starst at 7:10pm
<b>DAY 2 – EMPOWER. ELEVATE. LEAD. BELONG.</b>				
Tuesday, April 14	7:30 – 8:30 AM	Breakfast Buffet Opens		Grab & mingle
Tuesday, April 14	7:30 – 8:30 AM	Breakfast with Purpose		4 themed rooms (Confidence, Career Growth, Work-Life Flow, Authenticity)
		Breakfast Roundtable #1	Room 1	Leading with Confidence: Owning Your Voice in a Technical World
		Breakfast Roundtable #2	Room 2	Work-Life Flow, Not Balance: Thriving in a 24/7 Industry
		Breakfast Roundtable #3	Room 3	Building Belonging: Mentorship, Allyship, and the Power of Connection
		Breakfast Roundtable #4	Room 4	The Power of Authenticity: Leading Without Pretending

Tuesday, April 14	9:00 – 10:00 AM	Opening Keynote	Empowerment	All attendees – Empower. Elevate. Lead. Belong.
Tuesday, April 14	10:00 – 10:15 AM	Coffee Break		Quick recharge
Tuesday, April 14	10:15 – 11:15 AM	Breakouts 5A–5D		
		Breakouts 5A	Entrepreneurship	Her Company, Her Rules: Women Who Launched Their Own HVAC Firms
		Breakouts 5B	Diversity, Equity & Belonging	More Than a Seat at the Table: Building Truly Inclusive Project Teams
Tuesday, April 14	11:15 – 11:45 AM	Networking Break		
Tuesday, April 14	11:45 – 12:45 PM	Breakouts 6A–6D		
		Breakouts 6A	Student Leadership, Career Growth, Inspiration	Rising Voices: YEA Shaping the Future of HVAC
		Breakouts 6B	Resilience & Reinvention	From set backs to come backs
Tuesday, April 14	12:45 – 2:00 PM	Panel Discussion Lunch	Leadership & Growth	From Technical Expert to Strategic Leader: The Hidden Leap women don't talk about
Tuesday, April 14	2:00 – 2:45 PM	Wrap-Up & Farewell Celebration		Reflections, thank-yous, and closing remarks
Tuesday, April 14	3:00 PM	Adjourn		Safe travels