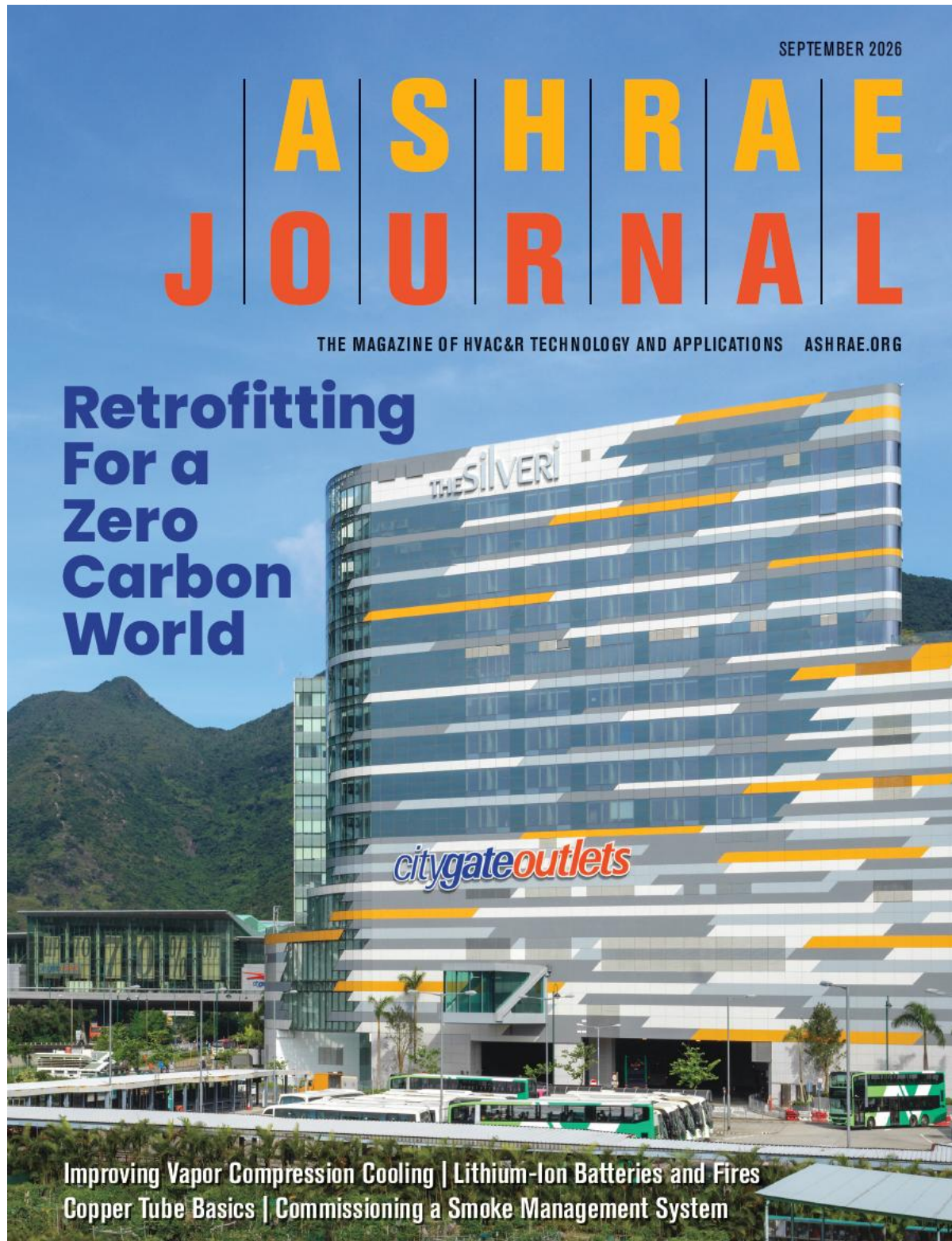


ASHRAE 月刊 (September 2026)

冷凍空調技術及應用 ASHRAE.ORG



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Join Linda Rathke with guests Bill Bahnfleth and Bryce Causey as they discuss the Federal Facilities Indoor Air Quality Assessment Act and what it could mean for the built environment.

Join Linda Rathke with guests Bill Bahnfleth and Bryce Causey as they discuss the Federal Facilities Indoor Air Quality Assessment Act and what it could mean for the built environment.
歡迎與 Linda Rathke 及嘉賓 Bill Bahnfleth、Bryce Causey 一同探討《聯邦設施室內空氣品質評估法案》(Federal Facilities Indoor Air Quality Assessment Act)，以及這項法案可能對建築環境帶來的影響。

Join ASHRAE Journal Technical Editor Rebecca Norris and Yash Shukla to break down why dehumidification is essential to optimizing thermal comfort in residential AC systems.
與《ASHRAE Journal》技術編輯 Rebecca Norris 及 Yash Shukla 一同深入解析為何除濕對於最佳化住宅空調系統的熱舒適性至關重要。

Join *ASHRAE Journal* Technical Editor Rebecca Norris and Yash Shukla to break down why dehumidification is essential to optimizing thermal comfort in residential AC systems.



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By Andy Pearson

Podcast 播客



David Traxler discusses his award-winning article “Analysis of 50 Energy Efficient Net Zero Energy Buildings” and how net zero buildings serve as a blueprint for the built environment.

David Traxler discusses his award-winning article “Analysis of 50 Energy Efficient Net Zero Energy Buildings” and how net zero buildings serve as a blueprint for the built environment. David Traxler 討論他榮獲獎項的文章〈50 棟能源高效淨零能耗建築分析〉，以及淨零建築如何成為建築環境的藍圖。

Join Rebecca Norris and Raven Jones as they discuss water use in data centers, accountability and why a framework for data center water stewardship is essential.

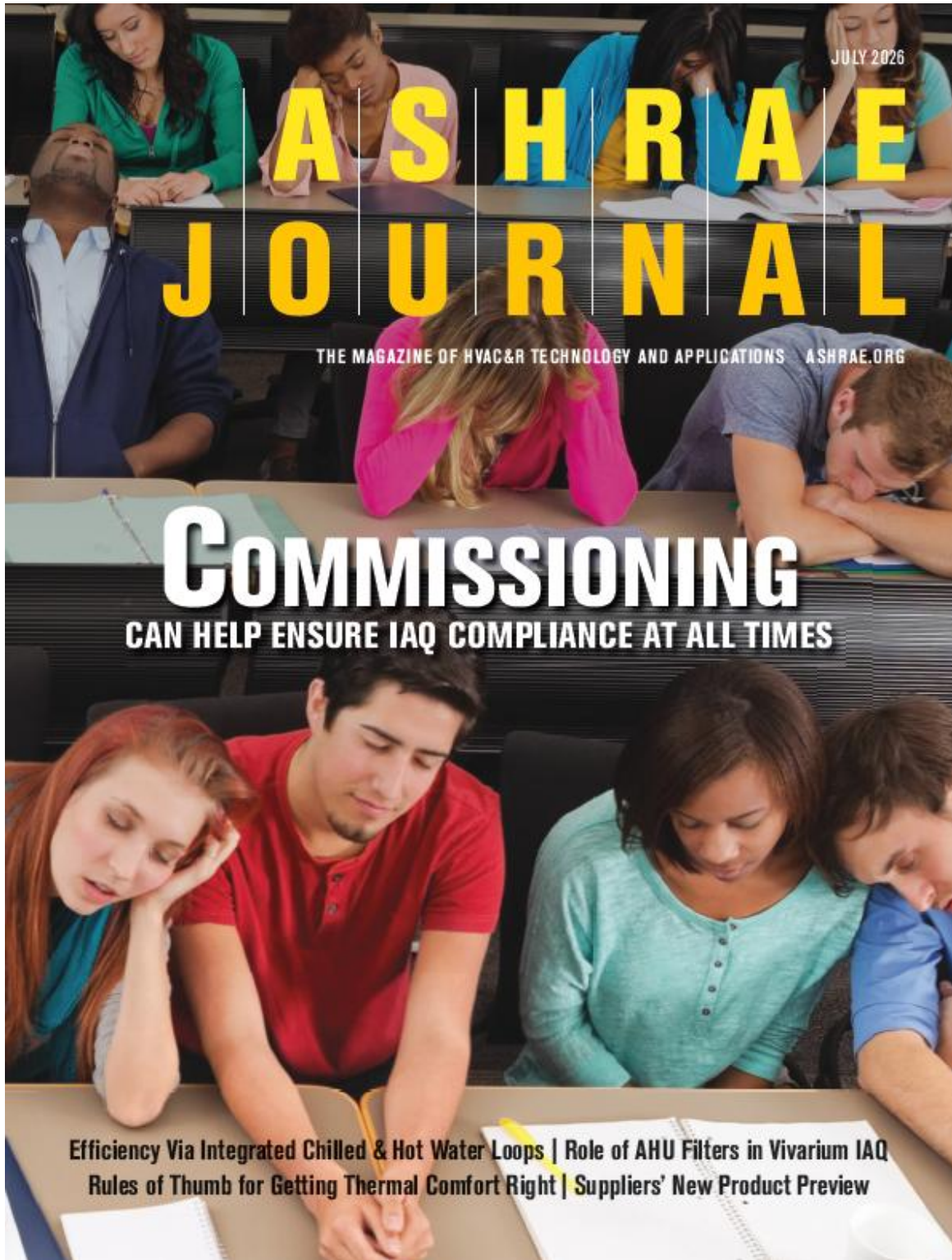
加入 Rebecca Norris 與 Raven Jones 的討論，一同了解資料中心的用水情況、問責機制，以及為何建立資料中心水資源管理框架至關重要。

Join Rebecca Norris and Raven Jones as they discuss water use in data centers, accountability and why a framework for data center water stewardship is essential.



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Join Allison Hambrick, Max Rohr and Paige Knowles as they discuss best hiring practices, building a productive work environment and encouraging more people to enter the trades.

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加入 Allison Hambrick、Max Rohr 與 Paige Knowles，共同探討最佳招聘實務、打造高效能工作環境，以及鼓勵更多人投入技術工種領域。

Join Rebecca Norris and Max Sherman as they discuss the history of environmental tobacco smoke on IAQ and health—and what ASHRAE is doing next.

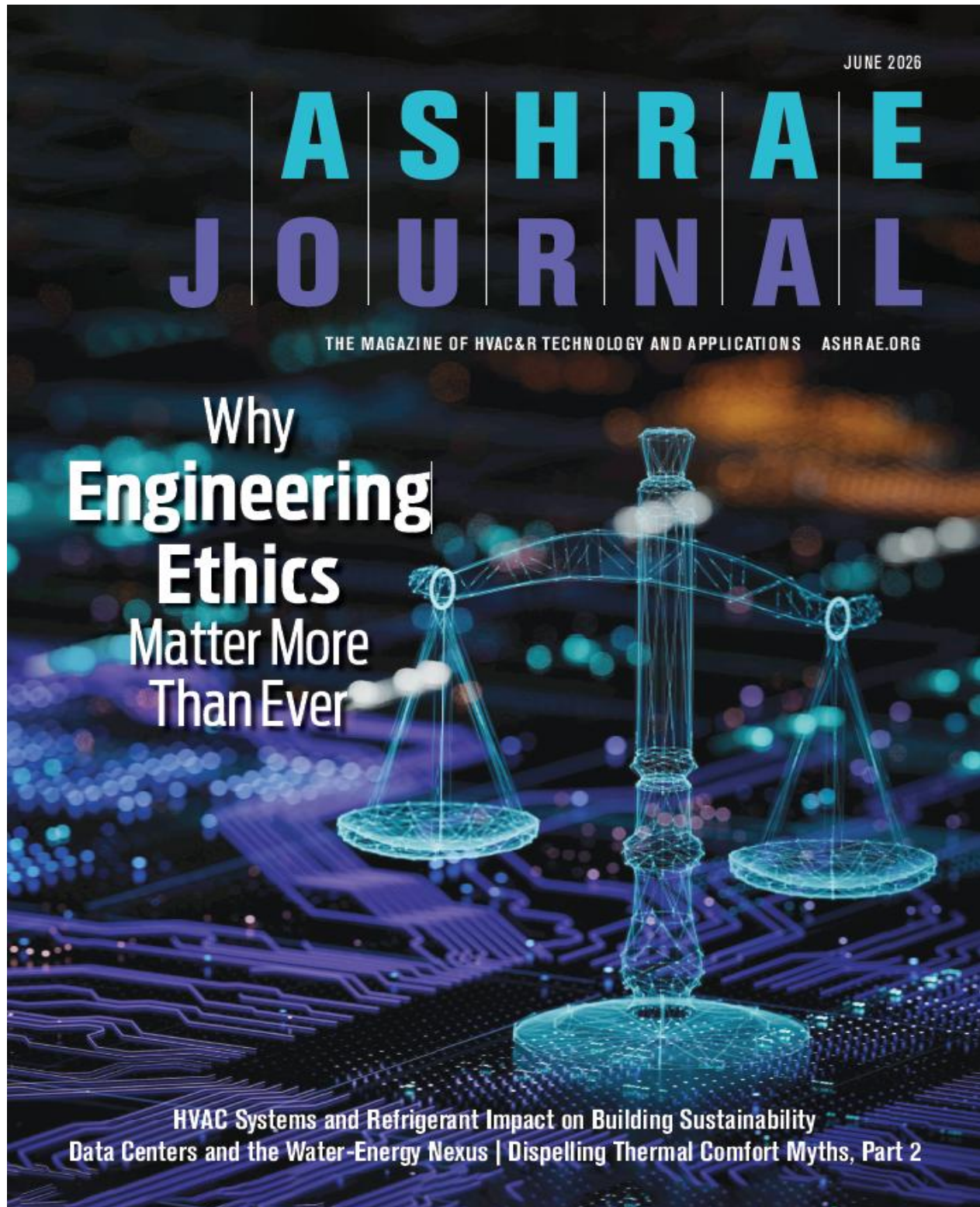


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Now I Know My A B C 現在我了解 CO₂ 的選項了

By Andy Pearson

Podcast 播客



Join host Matt Price and guest Nathan Kegel as they discuss load calculations, how they tie into evolving ASHRAE standards and practical takeaways to optimize HVAC projects.

Join host Rebecca Norris along with guests Asit Kumar Mishra and Robert Bean as they explore why there are more myths associated with thermal comfort than other areas of HVAC&R.



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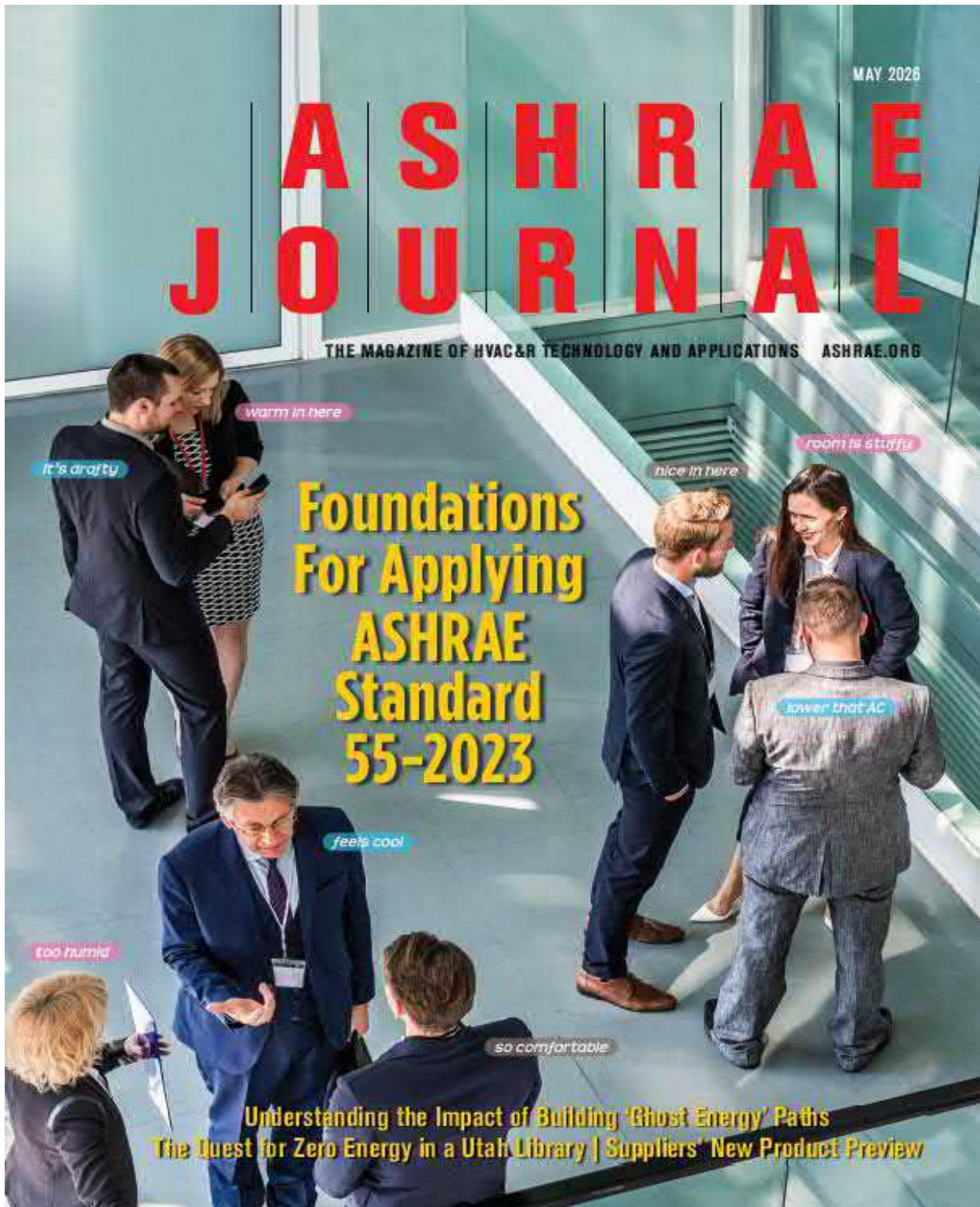
加入主持人 Matt Price 與來賓 Nathan Kegel 一同探討負載計算、其與不斷演進的 ASHRAE 標準之間的關聯，以及如何在實務上應用相關重點，以優化 HVAC 專案。

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加入主持人 Rebecca Norris 與來賓 Asit Kumar Mishra 及 Robert Bean 一同探討為何在 HVAC&R（暖通空調與製冷領域）中，與熱舒適相關的迷思，比其他領域更多。

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Join host Aaron Besseling along with guests Sarah Maston and Alekhya Kaianathbhatta as they offer real-world insight into the essentials of building commissioning.

Join Paul Raymer and Technical Editor Rebecca Norris for a discussion about what questions consumers should ask before selecting a new heat pump system for their home.



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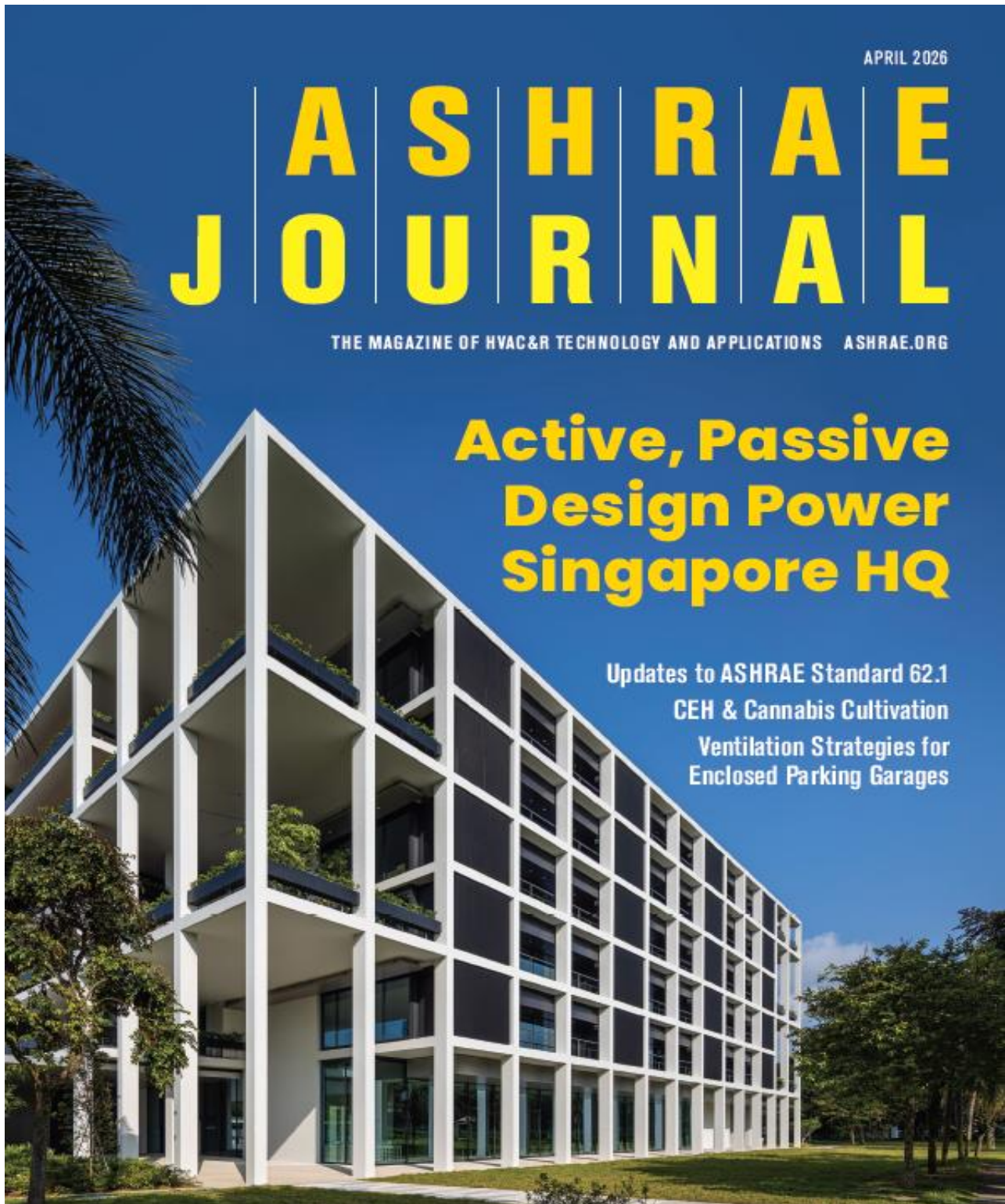
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Join Paul Raymer and Technical Editor Rebecca Norris for a discussion about what questions consumers should ask before selecting a new heat pump system for their home.

加入 Paul Raymer 與技術編輯 Rebecca Norris，共同探討消費者在為自家選擇新型熱泵系統之前，應該提出哪些問題。

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Podcast 播客



Listen to Linda Rathke, Allison Hambrick, Nancy Kohout and Karine Leblanc discuss leadership in STEM—where people skills matter just as much as technical expertise.

Join Rebecca Norris and William Stober to explore the unique challenges of controlled environment horticulture and why growing cannabis is particularly energy-intensive.



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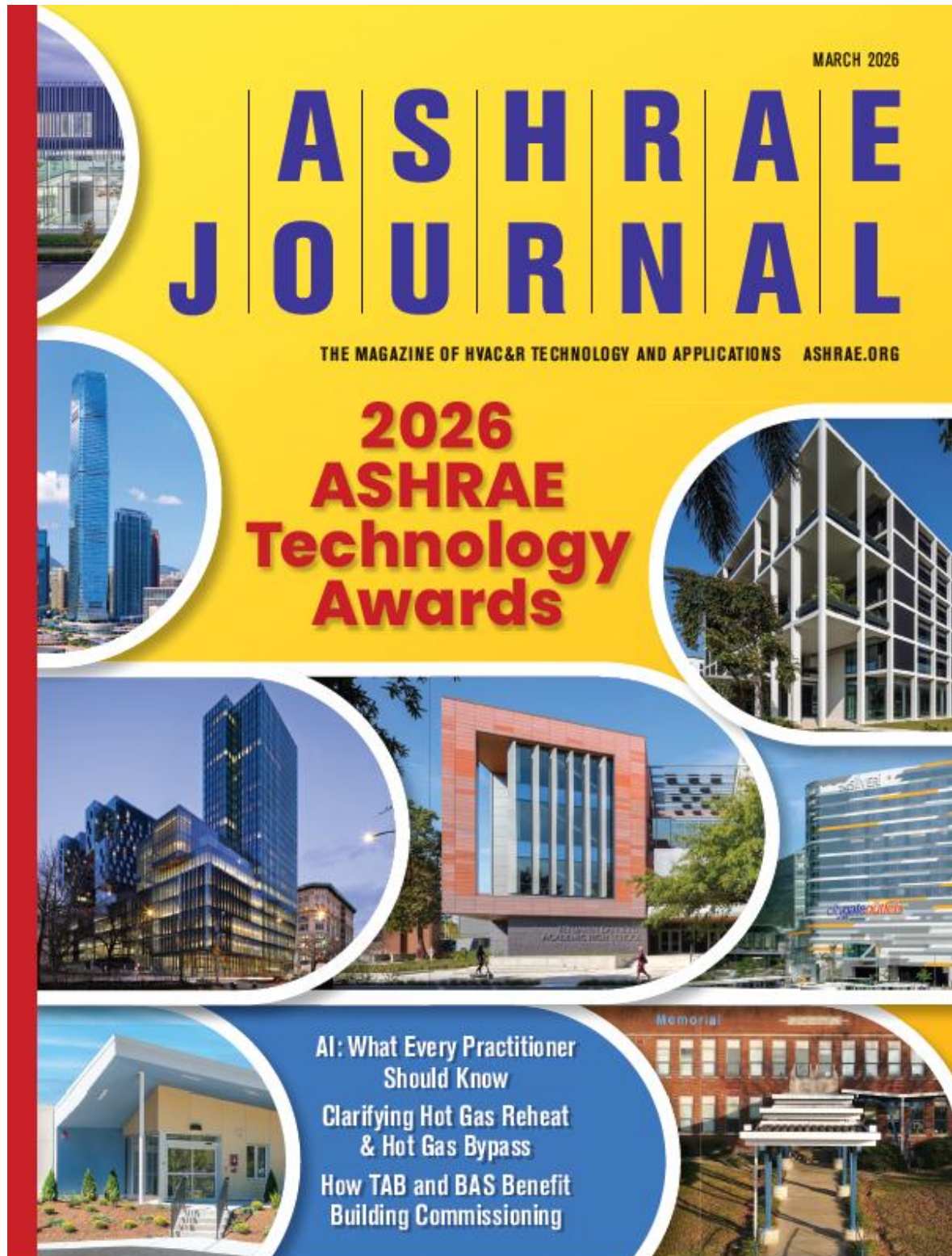
聆聽 Linda Rathke、Allison Hambrick、Nancy Kohout 和 Karine Leblanc 討論 STEM 領域的領導力-在這裡，人際技巧與專業技術同樣重要。

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歡慶美好時光

By Andy Pearson

Podcast 播客



Listen to Justin Seter, David Quirk and Dustin Demetriou, live from AHR Expo 2026 with the latest on liquid cooling in data centers and industry-wide updates on best practices.

Join guest host Allison Hambrick and Matt Price as they discuss the key differences between hot gas bypass and hot gas reheat in HVAC systems, and why they should not be confused.



Listen to Justin Seter, David Quirk and Dustin Demetriou, live from AHR Expo 2026 with the latest on liquid cooling in data centers and industry-wide updates on best practices.

聆聽來自 AHR Expo 2026 現場的專訪，與 Justin Seter、David Quirk 以及 Dustin Demetriou 共同掌握資料中心，液冷卻技術的最新發展，以及業界最佳實務的最新動態。

Join guest host Allison Hambrick and Matt Price as they discuss the key differences between hot gas bypass and hot gas reheat in HVAC systems, and why they should not be confused.

加入特別主持人 Allison Hambrick 與 Matt Price，一起探討 HVAC 系統中，熱氣旁通與熱氣再熱的主要差異，以及為何二者不應混淆。

ASHRAE 月刊 (February 2026)

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Join Rebecca Norris and David Schurk as they discuss the importance of effective and efficient filtration in a building HVAC system.

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加入 Rebecca Norris 和 David Schurk，一同探討在建築 HVAC 系統中，有效且高效過濾的重要性。

Listen to 2025 – 2026 ASHRAE President Bill McQuade discuss his term's Society theme “Healthy Buildings: Designing for Life” and qualities of an effective leader.



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聆聽 2025-2026 年 ASHRAE 總會長 Bill McQuade 討論他任期內的協會主題「健康建築：為生命而設計」，以及有效領導者的特質。

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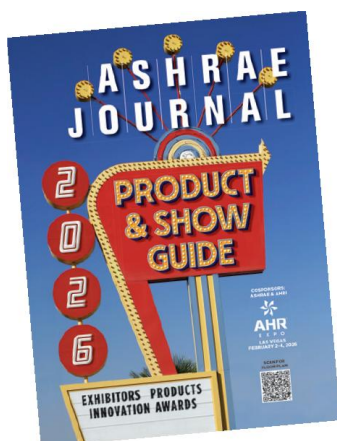
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Podcast 播客



Badri Patel, Fernando Dutra Del Castillo, Kimberly Pierson and Patricia Young discuss the process behind ASHRAE certifications and their value in advancing the HVAC industry.

Rebecca Norris and Andy Pearson discuss the centenary of domestic refrigeration, exploring its historical challenges and innovations that continue to impact modern technology.



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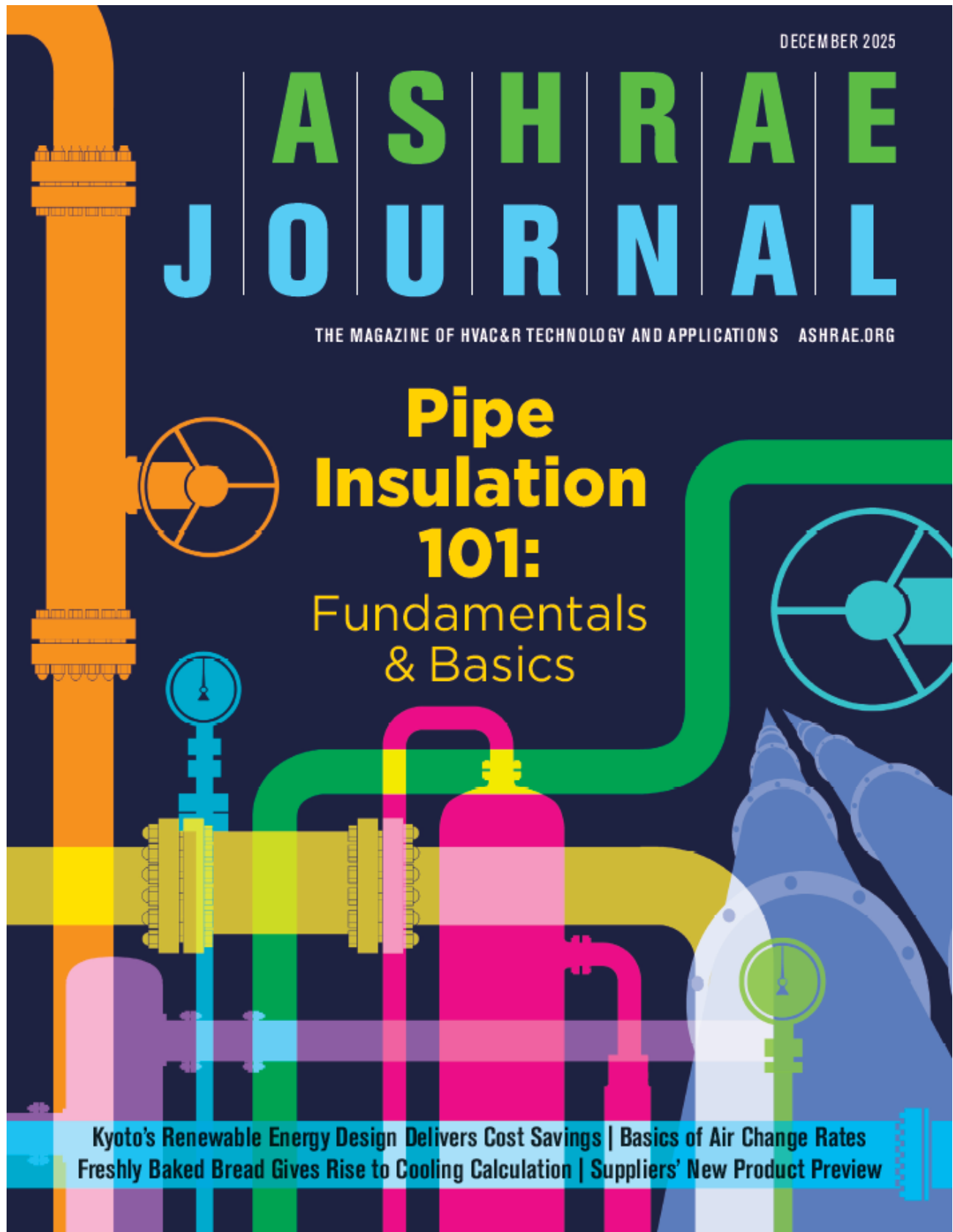
請與 Badri Patel, Fernando Dutra Del Castillo, Kimberly Pierson 及 Patricia Young 一同探討 ASHRAE 認證背後的流程，以及它們在推動 HVAC 產業發展中的價值。

Rebecca Norris and Andy Pearson discuss the centenary of domestic refrigeration, exploring its historical challenges and innovations that continue to impact modern technology.

請與 Rebecca Norris 及 Andy Pearson 一同探討家用冰箱百年歷程，探索其歷史上的挑戰與創新，以及這些發展如何持續影響現代科技。

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請與技術編輯 Rebecca Norris 以及 Darrell Peil 一同探討管路保溫常被忽視的好處，以及它對節能的影響。

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Join Jamie Kono, Robert Hart and Laura Van Rietema as they discuss how window retrofits impact energy efficiency in commercial buildings, using One Maritime Plaza as a case study.

Join *ASHRAE Journal* Technical Editor Rebecca Norris and Austin Shelnett as they discuss liquid cooling solutions for data centers, focusing on cold plate design and energy efficiency.



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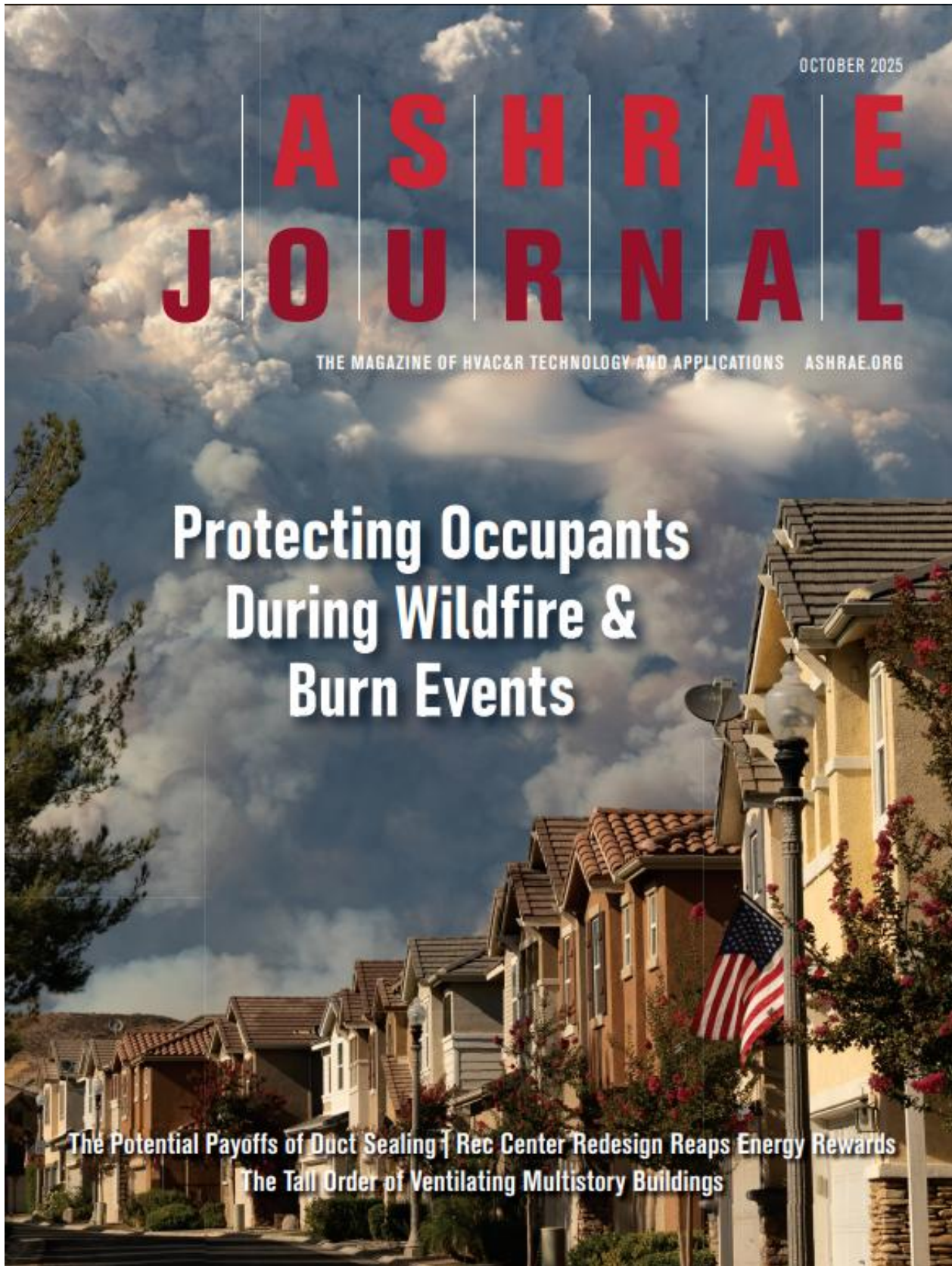
加入 Jamie Kono、Robert Hart 與 Laura Van Rietema，一同探討窗戶改造如何影響商業建築的能源效率，並以 One Maritime Plaza 作為案例分析。

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Join Badri Patel, Christopher Williams and Scott McGinnis as they discuss the impact of A2L refrigerants, ASHRAE Standard 15 and its implications and the future of VRF technology.

Join Rebecca Matyasovski and Mahmood Farzaneh Gord as they explore the benefits of duct sealing, highlighting how it can lead to energy savings in commercial buildings.



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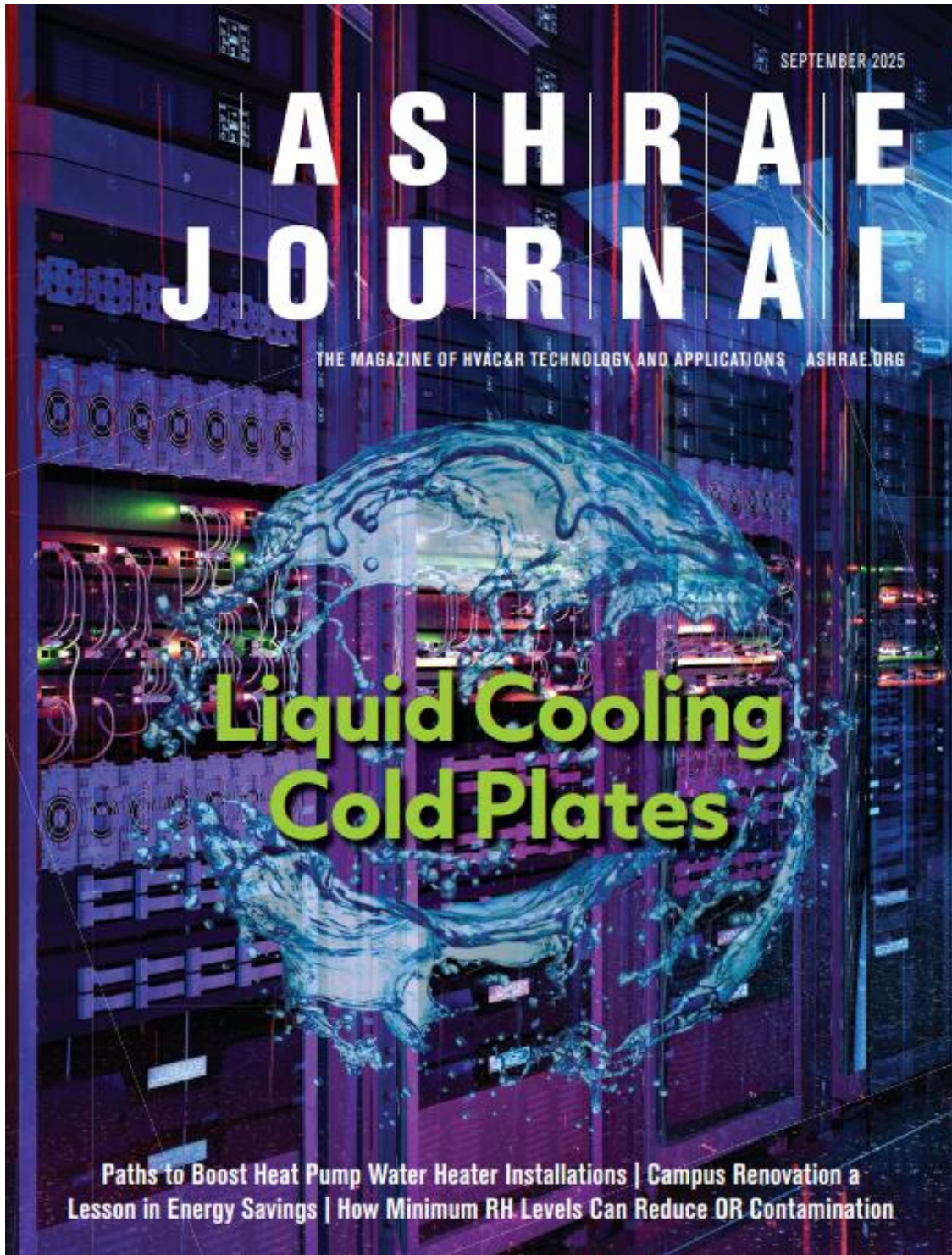
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Join Rebecca Matyasovski and Mahmood Farzaneh Gord as they explore the benefits of duct sealing, highlighting how it can lead to energy savings in commercial buildings.

加入 Rebecca Matyasovski 和 Mahmood Farzaneh Gord，一同探討風管密封的好處，並強調其如何在商業建築中帶來節能效益。

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Podcast 播客



Join Alexander Butkus as he discusses the advantages of heat pumps over natural gas furnaces, highlighting energy savings and cost benefits.

Join Allison Hambrick and Gursaran Mathur as they discuss carbon dioxide in car cabins and how to prevent it from negatively affecting occupants.



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加入 Alexander Butkus 的討論，了解熱泵相較於天然氣爐的優勢，重點介紹節能與成本效益。

Join Allison Hambrick and Gursaran Mathur as they discuss carbon dioxide in car cabins and how to prevent it from negatively affecting occupants.

加入 Allison Hambrick 與 Gursaran Mathur 的討論，了解汽車車廂內的二氧化碳問題及如何防止其對乘客造成不良影響。

ASHRAE 月刊 (August 2025)

冷凍空調技術及應用 ASHRAE.ORG



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Join *Journal* Editor Drew Champlin and Max Sherman as they discuss the evolution of IAQ paradigms from ancient ventilation practices to modern standards.



Join David Schurk as he delves into managing humidity in hospitals and the benefits of reducing reheat to improve HVAC&D system sustainability.

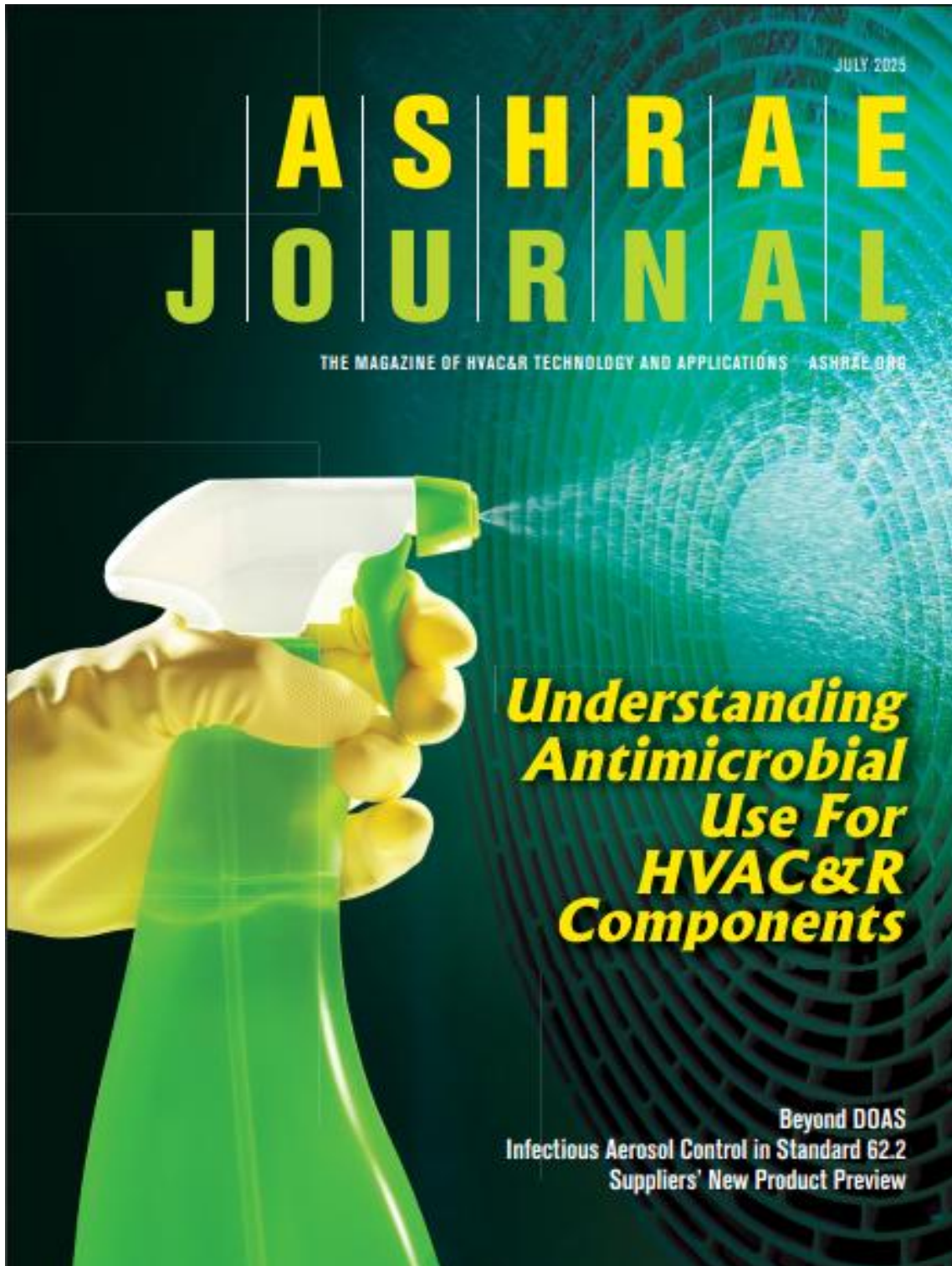
請與 David Schurk 一同探討醫院濕度管理，以及透過減少再熱，來提升暖通空調系統與除濕系統的永續性效益。

Join *Journal* Editor Drew Champlin and Max Sherman as they discuss the evolution of IAQ paradigms from ancient ventilation practices to modern standards.

請與期刊主編 Drew Champlin 及 Max Sherman，一同探討從古代通風實務，到現代標準室內空氣品質（IAQ）的演進。

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