**LEADERSHIP DEVELOPMENT**

**(SELF-PACED AUTO-TUTORIALS)**

**“Equipping for the Advance”**

**INTROSPECTIONS**

**BLOCK B**

**Introductory Notes:**

The Leadership Development self-paced auto-tutorial consists of four “Blocks” each with three to five “bites”. Each “bite” includes a mp4 presentation and an “introspection”. The latter is in the form of questions to be answered by the participants. These “introspections” are to be written out and emailed to [later] to demonstrate completion of the Block and to be awarded PDH credits.

 Block A ?? PDH credits

 Block B ?? PDH credits

 Block C ?? PDH credits

 Block D ?? PDH credits

Block-A presents the “5 E’s” of leadership (envision, equip, empower, edify and evaluate), while Block B presents the “3 C’s”(change, communication, character). Block C considers the mechanics (or dynamics) of functional groups, and Block D introduces the concepts of creativity, innovation and planning.

**Please complete the following:**

1. Name to appear on the PDH certificate:
2. By submission of Block B introspection, I attest that I have viewed all of the bites contained in this block and fully completed the below introspection.

**B.1.a**

Identify and name an *external* driver of a change you are currently being affected by, and then state your follow-up.

Identify and name an *internal* driver of a change you are currently being part of, and then state your follow-up.

Name three characteristics of a change agent and identify where you can improve.

**B.1.b.i**

Consider a recent close event with a family member in which there was good communication. What senses did you use, and would you now be doing differently?

How can we use our subconscious to improve communication?

What method of communication do you generally use? In the case of a) passing instructions, b) sharing a concern, and c) searching for a resolution, what method of communication might you now prefer to use?

What is your “culture of time”?

**B.1.b.ii**

Consider a recent event in which somebody confronted you. What steps for resolution did you follow, and how could it had been done better?

For the next few days, make a record of two different exchanges with an “adverse response.”

For the next few days, record three instances you applied active listening; how did it feel?

**B.1.c**

Describe the five words that might describe your desired personal character.

Go through the process of defining 5 core values for your personal life.

Recall your vision statement, and relate the triad of personal character, vision and core values