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| ASHRAE Technical FAQ |
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| ID  | 65 |
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| Question  | What is the recommended indoor humidity level for homes? |
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| Answer  | [ASHRAE Standard 55-2020](https://www.techstreet.com/ashrae/standards/ashrae-55-2020?product_id=2207271), “Thermal Environmental Conditions for Human Occupancy”, plus [ASHRAE BOD approved addenda](http://www.ashrae.org/standards-research--technology/standards-addenda) relates reported human comfort to temperature and humidity levels, and establishes a range of temperatures and humidity that are considered comfortable by 80% or more of the test subjects. The handbook and standards may be purchased and/or individual chapters of the handbook may be purchased and downloaded on-line at our website, [[www.ashrae.org](http://www.ashrae.org)](file:///%5C%5CAshFile%5Ctechnology%24%5CTech%20Srvs%5CSteve%20Winter%202014%5CFAQs%5CSection%201%5Cwww.ashrae.org) or by calling 1-800-527-4723 in the USA and Canada or 1-404-636-8400 worldwide. |
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| ASHRAE Pubs  | [2021 ASHRAE Handbook - Fundamentals](https://www.techstreet.com/ashrae/standards/2021-ashrae-handbook-fundamentals-i-p?product_id=2224991), [Chapter F9](https://www.techstreet.com/ashrae/standards/f09-thermal-comfort-i-p?product_id=2225686)[ASHRAE Standard 55-2020](https://www.techstreet.com/ashrae/standards/ashrae-55-2020?product_id=2207271), plus [ASHRAE BOD approved addenda](http://www.ashrae.org/standards-research--technology/standards-addenda) |
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| Topic References  |  |
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|  | Cognizant ASHRAE Committees | Refer to Organization |
| 1 | [TC 2.1](http://tc0201.ashraetcs.org/) |  |
| 2 | [TC 4.3](http://tc0403.ashraetcs.org/) |  |
| 3 | [TC 5.11](http://tc0511.ashraetcs.org/) |  |
| 4 | SSPC 62.1 |  |
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